

# 2019 AHVN WORKSHOP SESSION DESCRIPTIONS

**Wednesday, November 6, 2019**

**2:00 pm – 3:00 pm SESSION A (60 minutes)**

## **A1: Generations Together for Success in Home Visiting**

Every workplace is challenged with managing “age diversity.” This session clarifies the needs and values of all working generations. Learn to sort through the stereotypes and highlight the strengths of all 5 generations coming together. The workshop provides practical advice for supervisors to help turn conflict and misunderstandings into harmony to advance the mission of home visiting.

**Presenter:** Vicki Clark

## **A2: An Unsafe House is Not a Home: The Impact of Domestic Violence on Children and a Pathway to Prevention**

The workshop provides an inside look at the dynamics of domestic violence within the home, including a discussion on the different forms it takes and what the long term effects are on children suffering or exposed to domestic abuse. Education on red flags and prevention; recognizing the signs and taking steps to break the cycle; assisting/advocating for a family suffering abuse, including a deeper dive into protections afforded by the law (such as orders of protection and special housing laws for victims of domestic violence).

**Presenter:** Hannah Roe, JD

## **A3: When Children Grieve**

This workshop will address how grief and loss affects children as they grow. Loss affects families in different ways and how they assimilate the loss into their family. The workshop will address how parents can explain difficult concepts to children such as death and the finality of it. The workshop will give caregivers and parents techniques to help children express grief through healthy outlets that will allow them to gain awareness of the loss and their feelings around it.

**Presenter:** Sara Whisenhunt, MS

## **A4: MIECHV Grantee Requirements and Q&A**

This workshop will address the federal benchmark requirements for the MIECHV grantees. This will include areas covered by the Family Map, ASQ-3 and the ASQ:SE as well as the required Intimate Partner Violence Screening. We will touch on several of benchmarks and why they are required. The second part of the workshop will address the data entry of these required items and how to review that the data has been correctly entered into the online database, ETO. The last section of the workshop will be set aside for a period of questions and answers.

**Presenter:** Cody Burnett, MPH **Co Presenter(s):** Ming Fung, MS, BS Lacy Vance, MPH

## **A5: Compassion Fatigue: The Cost of Caring**

This workshop describes stress and the "cost of caring" associated with working in a helping profession such as home visiting. It identifies common causes and symptoms of stress, explains the potential impact of the cost of caring, and identifies self-care practices that you can use to help cope; thereby, not only taking care of yourself, but also maintaining ethical and professional behavior and providing competent services to your clients.

**Presenter:** Taylor Farber, BS **Co Presenter:** Megan McFerron, MSW, LCSW

## **A6: Understanding Early Hearing Detection and Intervention**

For every 1000 births, 3 children are diagnosed with hearing loss. Hearing loss is a developmental emergency and infants should receive timely screening, diagnosis, and early intervention enrollment.

**Presenter:** Kim Scott, MSHS, CHES

**Wednesday, November 6, 2019**

**3:30 pm – 4:30 pm SESSION B (60 minutes)**

**B1: Together Everyone Achieves More (T.E.A.M.): Creating an Effective Team in the Work Place**

There is no "I" in team, however when staff work collectively together everyone achieves more (T.E.A.M). This worship is designed to challenge Home Visiting supervisor, and coordinator to "Level Up" generating a new level of teamwork perception in the workplace by exploring approaches and techniques to enhance your team ability to be successful.

**Presenter:** Donna M. Johnson, BASW, CGF **Co Presenter:** Marguerite Flannigan, MS, MAT

**B2: Understanding and Serving LGBTQ Families**

There is a crucial need to learn how to better serve and understand families who are part of the LGBTQ (lesbian, gay, bisexual, transgender, and queer) community. Real-world experience cannot be taught, but in this workshop, we can bolster ourselves with knowledge, boost our confidence levels, and raise our social awareness in order to become better home visitors who serve and support all families equally.

**Presenter:** Chelsea McCurdy

**B3: Finding the Fun in Fitness Foster Functional Families**

Good health habits are easier to maintain when established in childhood. Learn ways to incorporate physical activity, mindful eating and exercising "will power" into regular lessons and daily home life. Finding the element of fun in the daily routine makes for healthier and happier families and educators.

**Presenter:** Alison Crane, BSE

**B4: Building Resiliency Around the Dinner Table!**

Many of us have fond memories of sharing a family meal around the dinner table. Yet over 50% of families' today report they don't eat around the dinner table as they did as a child. Recent research will hopefully help families turn this around. Studies have linked family mealtime to resilience, social-emotional development, and expansion of vocabulary. This workshop will dive into the research and discuss the barriers of family mealtime, offer practical strategies and share free resources that promote family mealtime in the home and in early childhood centers.

**Presenter:** Kimberly Drake, BS

**B5. *Help Please, I don't know what these terms mean!* Interventions for Children with Autism Spectrum Disorder in Plain Language**

Come learn some practical interventions for a child with an Autism Spectrum Disorder (ASD). We will describe evidence-based interventions and why they are important for a child with ASD.

**Presenter:** Jayne Bellando, Ph.D.

**B6: Rapport is Key**

Learn how counselors build a quick, therapeutic level of rapport with young children and how these simple skills can enhance your work with children and families.

**Presenter:** Nicole Fairchild, MA, LPC

**Thursday, November 7, 2019**

**8:30 am – 9:30 am SESSION C (60 minutes)**

**C1: Responsibilities of a Mandated Reporter**

As an individual who works with children and families, there are some responsibilities that we should all be aware of. This training will help to define those responsibilities and discuss the steps involved in making a report.

**Presenter:** Angela Avery, BBA, MSE **Co Presenter:** Stephone Avery, Sr., BSE, NEA Trainer

**C2: Kindersongs - Relating Music and Movement to Arkansas Preschool Standards**

This is an interactive and fun workshop that incorporates music and movement into your group meetings or special events. You will learn the Arkansas CDELS that are met during a Kinder Concert.

**Presenter:** Tammy Westerman, BS **Co Presenter(s):** Brian and Terri Kinder, Singer/Songwriters

**C3: Hormonal Factors that Affect Breastfeeding: *What's DOWN with That?***

This presentation will discuss the hormonal factors for milk production as well as provide skills and interventions to help mothers that have hormonal factors to be prepared and have a longer breastfeeding relationship with their infant. Participants will be able to identify factors that may cause lower milk production during motivational interviewing in the pregnancy.

**Presenter:** Angie Whatley, RN, IBCLC

**C4: *What Did You Say?* A Guide to Building a Better Rapport with Families Through Strengthening Your Active Listening Skills**

Are you always focused and ready to listen to the families you serve? Were you distracted today? Attendees will learn how to sharpen their active listening skills through various activities.

**Presenter:** Amanda M. Neal, BS

**C5: Tobacco Education and Cessation for Families**

Arkansas is 5th in the nation in adult smoking, where approximately 1 out of 5 adults are current smokers. This workshop will provide information on the harmful effects of tobacco and nicotine as well as cessation methods for home-based educators, home visitors, parent educators and providers. The workshop will provide a brief overview of Arkansas specific tobacco data and discuss tobacco products that are most commonly used, including e-cigarettes. There will also be a focus on the impact of smoking during pregnancy and second and third-hand smoke exposure among children. Participants will become familiar with the new tobacco cessation initiative from the Arkansas Department of Health, Be Well Arkansas, and learn to utilize the 5 A's (Ask, Advise, Assess, Assist, and Abide) process. This model will guide individuals through the process of talking with families who are ready to quit using tobacco.

**Presenter:** Laura Taylor, BS, CHES **Co Presenter:** Marsha Scullark, MPS, TTS

**C6: Pre-K Standards for Home Visitors**

This workshop will review the Pre K Standards and the revisions made for Home Visitors in Arkansas. We will look at the Arkansas Child Development Early Learning Standards through the eyes of a Home Visitor. Strategies and Activities will be explored through hands on experiences. Come prepared to engage.

**Presenter:** Elizabeth Scudder, M.Ed. **Co Presenter:** Barbara Gilkey, BSW, M.Ed.

**Thursday, November 7, 2019**

**10:00 am – 11:30 am SESSION D (90 minutes)**

**D1: Is There Life After Chicken Nuggets: Feeding Problems in Young Children**

This workshop will describe the typical development of feeding skills in young children and the common feeding problems that occur in this population. It will also discuss home interventions and when to refer to a professional.

**Presenter:** Janine Watson, Ph.D.

**D2: Health Literacy Best Practices for Communication with Families Enrolled in Home Visiting Programs**

In this introduction to health literacy, we will discuss why health literacy matters to home visiting programs and how selected health communications best practices can have a positive impact on families served.

**Presenter:** Maria Ruvalcaba, BSW

**D3: How Vaccinations Can Protect Children and Their Families**

This workshop will provide an overview of the recommended vaccinations for children, how the recommended schedule is developed, and how vaccine safety is monitored.

**Presenter:** Jennifer A. Dillaha, MD

**D4: 15 Minutes! Building Relationships**

Exploring how 15 minutes can change the Dynamics of Family Relationships while engaging in music and role-play where Child Development is made fun.

**Presenter:** Re-Gina Black, BS

**D5: Parent Perspective: Experiences, Needs, and Ideas for Improvement Related to Home Visiting in Arkansas (Panel Discussion)**

A moderated session in which parents engaged in home visiting programs will discuss a broad range of issues from their point of view.

**Facilitator:** Jennifer Medley, MA, CLC

**D6: Enhancing Home Visiting with Mental Health Consultation**

Home visiting has been successful in engaging families of high risk, maternal depression and substance abuse, but home visitors may lack knowledge and skills of mental health or addressing mental health. One solution to the problem is to partner with mental health providers to provide consultation to families. This session will consist of a forum of an Early Childhood Specialist, Mental Health Therapist, HIPPIY Coordinator, and Home Based Educators that will dive into tools and strategies to identify families with trauma, the process for obtaining mental health partnership with the home visiting program and consultation for families.

**Presenter:** Michelle Robinson, MS, SCCT

**Co Presenter(s):** Lilly Jackson, LMSW, TF-CBT; Calandra Williams-Kimbrough, BSE, MA



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