

2018 WORKSHOP DESCRIPTION

Schedule Subject to Change

Monday November 5, 2018

1:45 – 3:15 pm Session A (90 minutes)

A1: Darkness to Light: Ending Sexual Abuse

Core Competency: Health and Safety

1 in 10 children will be sexually abused by the age of 18. Research shows that people who are sexually violated as children are far more likely to experience psychological problems often lasting into adulthood. These may include post-traumatic stress syndrome, depression, suicide, substance abuse, teen pregnancy, school dropout and relationship problems. Darkness to Light understands that learning the facts about childhood sexual abuse helps prevent it. Talking about it helps prevent it. Getting involved helps prevent it. That's why we exist, to empower adults through awareness and education to prevent, recognize, and react responsibly to child sexual abuse.

Presenter: Jennifer Poston, MS, SRAS

A2: Healthy Smiles: Oral Health for Young Children

Core Competency: Health and Safety

Did you know that dental decay is the most common childhood disease in the U.S.? And that Arkansas' children are at even more risk? Learn how severely this disease impacts young children and how we can partner with families to promote good oral health and respond to dental emergencies. Includes techniques and resources for young children with special needs.

Presenter: Sandra Withers, APRN

A3: Mental Health Illness During Pregnancy and Postpartum

Core Competency: Parental Well Being and Safety

This workshop will provide a general overview of common mental illnesses and substance use disorders that impact pregnant and postpartum women.

Presenter(s): Shona Ray-Griffith, MD, **Co-Presenter:** Jennifer L. Coker, MD

A4: Strategies for Home Visitors: Recruitment, Retention, and Re-Engagement

Core Competency: Relationships Among School and Community

A facilitated roundtable allowing home visiting staff to share tips and tricks that ensure programs serve an optimal number of families in their service area.

Presenter(s): Clevelon Robertson, MS **Co-Presenter:** Bijoux Pighee, FSW, SRAS

A5: Talking to the Teenage Brain

Core Competency: Parental Guidance and Nurturing

When it comes to talking with a teenager, are you tired of “Whatever” with a side of eye-rolling? You are not alone! This workshop will provide valuable information regarding the challenges of

communicating with teenagers, including the latest research from teen brain studies, gender differences

Presenter: Cathy Hagemeyer, M.Ed.

A6: When the Bough Breaks: Trauma in Early Childhood

Core Competency: Child Development

This presentation will discuss the impact of trauma on young children. We will discuss strategies to support children and families after trauma and evidence-based treatments available to help them heal.

Presenter: Karin Vanderzee, Ph.D.

Monday November 5, 2018 (cont.)

3:30 – 4:30 pm SESSION B (60 minutes)

B1: Building Blocks of Learning: School Readiness and the Family

Core Competency: Relationships Among School and Community

Participants will learn the basics of grant writing and how to get started in submitting a successful grant application. Participants will learn how to look for funding for their projects.

Presenter: Keitra Brooks, BS

B2: Helping Families to Read and Succeed with AETN

Core Competency: Relationships Among School and Community

This session will equip parents and homebased educators with practical strategies to help children succeed. Innovative ideas will be shared to help participants explore the advantages of read aloud and the important role of the family in providing positive learning experiences. Learn how to tap into and use the array of research-based early childhood resources available through public television.

Interactive Web sites, powerful search engines and broadcast series connect you with engaging, user-friendly resources and ideas you can put into immediate use with your learners.

Presenter: Karen Walker, BA

B3: Diversity and Reality of Supporting Single Parent Families

Core Competency: Diversity in Family System

This workshop session for home visitors creates opportunities for participants to share experiences and identify problem solving strategies to assist single parent families with special circumstances.

Presenter: LeCole White, MSE

B4: From Participant to Provider – Panel Discussion

Core Competency: Methods and Approaches to Working with Parents

The intent of this workshop is to give home visiting staff the chance to hear inside perspectives on home visiting. The panelists are all members of the Arkansas Home Visiting Network team who began their journeys as program participants. Home visiting staff will have the opportunity to hear what these participants loved about the program as well as areas that could be made stronger.

Facilitator: Lacey Vance, MS

B5. Positive Discipline Overview

Core Competency: Parental Guidance and Nurturing

This training is designed for preschool educators and parents who are facing the overwhelming challenges of raising children today. This training teaches new skills to the adult first and the children second, empowering both to become responsible for their own actions and outcomes.

Presenter: Shasta Pentacost, MSE, LPC

B6: The Journey Begins Here: Recruitment Strategies & Techniques to Improving Home Visiting

Core Competency: Methods and Approaches to Working with Parents

Home visiting programs throughout the state utilize recruitment strategies to attract prospective parents to participate in home visiting programs. A variety of avenues can be used to recruit “hard to reach families.” Once these families have been identified how prepared is the home visitor to convey to the parent that home visiting will serve their needs? Recruiting families is a lot like being a salesperson. All families are different and need something special out of the program. By listening to the parent and asking the parent what they want for the child, we can tailor our sales pitches to their needs. This training will lead you on a journey that opens.

Presenter (s): Donna Johnson, BASW Amanda Neal, BS

Tuesday November 6, 2018

10:45 am – 11:45 am SESSION C (60 minutes)

C1: Autism 101: Recognizing Key Symptoms, Helping Families Find Resources; Simple but Important Interventions

Core Competency: Child Development

This presentation is designed to help explain the key features of ASD and give resources and ideas for simple interventions for parents to use their child.

Presenter: Jayne Bellando, Ph.D.

C2: Coloring a Child’s World

Core Competency: Child Development

Focusing on the child’s thoughts and emotions through the heart and mind will create a sense of security, identity and belonging. The Columbine tragedy is the catalyst of this powerful presentation.

Presenter: Dee Cox, Ed.D.

C3: Encouraging Parent Engagement or “Back Away From Your Cell Phone and Play with Your Baby”

Core Competency: Methods and Approaches to Working with Parents

This workshop will examine common barriers to parental engagement, crucial to the developing mental health of infants and toddlers with a strength-based focus.

Presenter: Patty McCook, LCSW, DCSW

C4: How Can I “Teach” Her?**Core Competency: Methods and Approaches to Working with Parents**

This interactive presentation will address methods to working with families. We will explore various strategies so you can leave with a tool box of approaches for even the most challenging situations.

Presenter: Dr. Crystal Whittington, CCLS, CFLE, CIMI, CFCS

C5: Prenatal Care: What Are We Missing?**Core Competency: Methods and Approaches to Working with Parents**

Women of color are experiencing increasing disparities in birth outcomes. Providing mentoring of high risk pregnant women of color by identifying and training lay public partners to become their mentors can make a difference in addressing the culturally specific social needs of at risk women

Presenter: Zenobia Harris DNP, MPH, BSN

C6: Understanding Child Maltreatment**Core Competency: Health and Safety**

Come to the session for an overview on these four types of abuse: physical, sexual, neglect and emotional. Learn about your role as a professional when abuse is suspected and/or reported and how to practice self-care during these times.

Presenter: Debbie Crosby, LSW