



**Fitting
the Pieces
Together**

2015
Arkansas
Home Visiting
Network
Conference



**Stronger Families.
Brighter Futures.**

ARKANSAS HOME VISITING NETWORK

August 27-28, 2015
Embassy Suites
Little Rock, AR

Conference at a Glance

THURSDAY

August 27, 2015

11:30 am – 4:30 pm

12:30 – 2:00 pm

Conference Check-In

LUNCH/KEYNOTE: “Dealing with Diversity”

Dr. Crystal Kuykendall, Nationally Renowned Speaker

2:00 – 2:15 pm

BREAK

2:15 – 4:00 pm

MODEL SPECIFIC MEETINGS

Following Baby Back Home (FBBH), Healthy Families America (HFA), Home Instruction for Parents of Preschool Youngsters (HIPPY), Nurse-Family Partnership (NFP), Parents as Teachers (PAT)

4:00 – 5:00 pm

NETWORKING/SOCIAL

FRIDAY

August 28, 2015

8:30 – 9:45 am

GENERAL SESSION

A. Welcome and Introductions

Bradley Planey

Branch Chief, Family Health Branch, Arkansas Department of Health

Anna Strong

*Executive Director, Child Advocacy and Public Health,
Arkansas Children’s Hospital*

B. “Home Visiting Updates and What Not to Wear”

Dr. Kathy Pillow Price

Director, Arkansas Home Visiting Network, Arkansas Children’s Hospital

C. Annual Home Visiting Professional of the Year Award

9:45 – 10:00 am

BREAK

10:00 - 11:15 am

SESSION A

A1: 10 Steps to Positive Discipline Overview

A2: Beating Parent Meeting Blues

A3: Domestic Violence: Through the Eyes of a Child

A4: Evidence Based Trauma Treatments for Children

A5: Healthy Sleep Habits and Common Sleep Problems
in Children

A6: Is it More Than a Bad Day?

Conference at a Glance

FRIDAY
continued

11:15 am – 1:30 pm

LUNCH/KEYNOTE

TRUE COLORS LIVE!

“Personality Identification and Communication Styles”

1:45 - 3:00 pm

SESSION B

B1: Building Positive Relationships with Parents

B2: Helping Your Clients with Breastfeeding in a Home Setting

B3: Infants, Toddlers, and Language – Oh My!

B4: Planning as Partners, Individualizing Visits for Families
Within Each Home Visiting Program

B5: Safe by Design: Prevention is the Key

B6: Supporting Depressed Caregivers: Recognizing the Signs
and Knowing What To Do Next

3:00 – 3:15 pm

BREAK

3:15 – 4:30 pm

SESSION C

C1: ADHD in Young Children: What is it and How is it
Managed?

C2: Caring Conversations Parent Café

C3: What Every Home Visitor Should Know about Car Seats

C4: Cultural Barriers within the Minority Population

C5: Getting Creative with Group Meetings

C6: Talking to Parents About Positive Discipline

#AHVNConf2015

Keynote Events

Dr. Crystal Kuykendall



Crystal A. Kuykendall is a gifted and gracious business executive, child advocate, public speaker, administrator, educator, attorney and human resource/human relations consultant. She is a powerful, dynamic and inspiring speaker and leader. Her audiences connect instantly with her high energy, charm, charismatic delivery, insightful

information and moving messages. A former full time University Professor at Seton Hall University, she has been Adjunct Faculty at Montclair State University and Strayer

University and member of the Advisory Board in the School of Education and Urban Studies at Morgan State University. Crystal is also the former Executive Director of the National Alliance of Black School Educators, Director of Urban & Minority relations for the National School Boards Association, Director of Marketing School Educators, Director of Marketing for RLA Inc., and Director of the Citizens of the Training Institute of the National Committee for Citizens in Education. A former public school teacher and Juvenile Justice Attorney, she holds a Doctorate in Educational Administration and a Law Degree. Author of 4 books, including the highly acclaimed national best seller, *From Rage to Hope: Strategies for Reclaiming Black and Hispanic Students*, she is Mother of 5, mentor, school & church volunteer and the ultimate “Merchant of Hope” for she enriches the lives of thousands.

True Colors Live! Personal Success Show

For over 30 years True Colors has performed thousands of Live Show Events for every kind of audience imaginable. True colors, a simple personality identification model is about people and how we interact. The most effective way to fully experience and understand True Colors is through a Live Show Event.

These interactive and lively performances customized for the organization or theme, allow participants to experience aspects about “who we all are” in a

lighthearted theatrical presentation that will have everyone laughing as they recognize themselves and others. The door of understanding each other opens as everyone gains new insights into their own communication style and why others act as they do.



Concurrent Workshops

Session A 10:00–11:15 am



A1. 10 Steps to Positive Discipline Overview

Are you facing the overwhelming challenges of rearing children today? Learn new skills that will empower both the adult and the child to become responsible for their own respective actions and outcomes.

*Presenter: Shasta Pentecost, MSE, LPC
Dawson Education Service Cooperative*

COMPETENCY AREA: GUIDANCE AND NURTURING

A2. Beating Parent Meeting Blues

Do you have parent meeting blues? This workshop includes: parent meeting theme ideas, developmental preschool activities you can make, and a demonstration of creating dimension using chalks, including hands-on participation.

*Presenter: Linda Baker
Northeast Arkansas Education Cooperative*

COMPETENCY AREA: PARENTING ED: PRINCIPLES, METHODS AND APPROACHES

A3. Domestic Violence: Through the Eyes of a Child

This presentation will discuss the behavioral, social, and emotional, effects of children who witness domestic violence. Intervention tips will be discussed.

*Presenter: Sara Rudolph-Pollard, M.J.A.
Arkansas Commission on Child Abuse, Rape and Domestic Violence*

COMPETENCY AREA: HEALTH & SAFETY



A4. Evidence Based Trauma Treatments for Children

This presentation describes traumatic stress symptoms for young children, when to refer for a specialized mental health assessment, and provides an overview of evidenced-based treatments for this population.

*Presenter: Benjamin A. Sigel, Ph.D.
University of Arkansas for Medical Sciences*

COMPETENCY AREA: DEVELOPMENT

A5. Healthy Sleep Habits and Common Sleep Problems in Children

The purpose of this workshop is to educate and discuss healthy sleep habits in children and review interventions on how to promote these habits. Common sleep disorders will be reviewed.

*Presenter: Lacie Petitto, APRN, CPNP, MSN, BSN
University of Arkansas for Medical Sciences*

COMPETENCY AREA: HEALTH & SAFETY

A6. Is It More Than a Bad Day?

Participants will learn how to identify warning signs and key phrases used by persons with suicidal ideation, along with some basic intervention skills that can be used when warning signs appear.

*Presenter: Susan Cohen, BS
Arkansas Children's Hospital*

COMPETENCY AREA: PARENTAL WELL BEING AND SAFETY



Concurrent Workshops

Session B 1:45–3:00 pm



B1. Building Positive Relationships with Parents

We will focus on your role in recognizing, supporting, and strengthening a positive partnership with your families. It is an essential step in empowering them so they can achieve a stronger family and brighter future.

*Presenter: Amanda Baldwin, BSW
Paragould School District/School of the 21st Century*

COMPETENCY AREA: DYNAMICS OF FAMILY RELATIONSHIPS

B2. Helping Your Clients with Breastfeeding in a Home Setting

This workshop provides information on helping new mother's to breastfeed. Basic skills for positioning, assessing the suck/swallow response, and how to help with common breastfeeding issues after discharge from the hospital and referral sources.

*Presenter: Angie Whatley, RN, IBCLC, CCCE, CLD
Arkansas Department of Health*

COMPETENCY AREA: HEALTH & SAFETY

B3. Infants, Toddlers, and Language – Oh My!

Our voices and word choices affect the developing brains of the youngest children in our care, whether as parents or as caregivers. Come learn how to meaningfully engage with infants and toddlers through language and eye contact, laying a strong foundation to their success at school later on and building human connections.

*Presenter: Darlene Kurtz
Welcome the Children Project*

COMPETENCY AREA: DEVELOPMENT



B4. Planning as Partners, Individualizing Visits for Families Within Each Home Visiting Model

Model leads for each home visiting program will guide participants on how to meet the individual needs of each family they serve. Participants will get a chance to plan and role play a home visit.

Presenters: Jill Bailey, M.S., Parents as Teachers; Carmen Irby MSN, RNP, CNS-BS, Following Baby Back Home, University of Arkansas for Medical Sciences; Patricia McCollum, M.S., Healthy Families America; Crystal Webb, BSN, RN, Nurse Family Partnership, Arkansas Department of Health; Tyra Greenwood, HIPPY/PAT Program Coordinator, Arkansas Children's Hospital

COMPETENCY AREA: DYNAMICS OF FAMILY RELATIONSHIPS

B5. Safe by Design: Prevention is the Key

During the Safe By Design workshop participants will be educated on the following topics: Burns, Poisonings, Water Safety, Falls, Choking, Playground Safety, Child Passenger Safety, Safe Sleep and Abusive Head Trauma.

*Presenter: Lessa Payne
Arkansas Children's Hospital*

COMPETENCY AREA: HEALTH & SAFETY

B6. Supporting Depressed Caregivers: Recognizing the Signs and Knowing What to Do Next

This workshop will provide an understanding of the impact of maternal depression on child development, and present creative ways to engage families in talking about depression and facilitating appropriate supportive referrals.

*Presenter: Ashley Huddleston, LCSW
UAMS, Dept. of Family and Preventative Medicine*

COMPETENCY AREA: PARENTAL WELL BEING AND STABILITY



Concurrent Workshops

Session C 3:15–4:30 pm



C1. ADHD in Young Children: What is it and How is it Managed?

This workshop will discuss the primary and associated features, the diagnostic standards, and effective treatment options for young children with Attention Deficit Hyperactivity Disorder (ADHD). Behavioral strategies and methods will be highlighted. The format will be didactic and Q & A.

*Presenter: Mark Edwards, Ph.D.
University of Arkansas for Medical Sciences*

COMPETENCY AREA: DEVELOPMENT

C2. Caring Conversations Parent Café

The Parent Cafe model uses guided conversations to foster parent leadership and parent - provider partnership. These guided conversations allow parents and providers to identify issues and find ways to address them in a safe environment.

Presenters: Jamie Morrison Ward, Deborah Blackburn, Curricula Concepts, Curricula Concepts; Dr. Deniece Honeycutt, University of Arkansas

COMPETENCY AREA: PARENTING ED: PRINCIPLES, METHODS AND APPROACHES

C3. What Every Home Visitor Should Know about Car Seats

Participants in this workshop will learn more about retractors and latch plates in vehicles. There will be hands on instruction on securing a doll (child) in the proper car seat and securing the car seat in the vehicle.

*Presenter: Gayla Burris-Goetz, CPSS Instructor
Prevention Education Program, Inc.*

COMPETENCY AREA: HEALTH & SAFETY

C4. Cultural Barriers within the Minority Population

Some differences are obvious, such as skin color and appearance, but others are more subtle and harder to identify. The effects of each group's diverse history and cultural backgrounds, the merging of races and ethnicities, the problem of classifications, and the struggle for survival and happiness, all play roles that divide these two groups.

*Presenters: Nadia Johnson, Manuela Mendoza and Laura Landrum
Centers for Youth and Families*

COMPETENCY AREA: DIVERSITY IN FAMILY SYSTEMS

C5. Getting Creative with Group Meetings

Group meetings can be one of the most challenging parts of a home visiting program. Clients often become disinterested and unengaged. This workshop will increase your knowledge of creative group themes and activities in order to improve group attendance. We will also discuss how to get the community involved through a yearly program called Adopt-A-Group. Community involvement can help increase the success of a group meeting tremendously. Please join us as we discuss creative ideas!

*Presenter: Deena Tougaw
HFA: Circle of Life, North Arkansas College*

COMPETENCY AREA: PARENTING ED: PRINCIPLES, METHODS AND APPROACHES

C6. Talking to Parents about Positive Discipline

This training will explain the difference between punishment and discipline as well as provide tangible, realistic positive discipline techniques and resources that home visitors can feel comfortable recommending to parents.

*Presenter: Ilyssa Foxx B.A., M.ED
HIPYPY Arkansas State Office*

COMPETENCY AREA: GUIDANCE AND NURTURING

Core Competencies

DEVELOPMENT

Understanding and encouraging development during early childhood

- A4 • Evidence Based Trauma Treatments for Children
- B3 • Infants, Toddlers, and Language – Oh My!
- C1 • ADHD in Young Children: What is it and How is it Managed?

DIVERSITY IN FAMILY SYSTEM

Understanding and working effectively with many kinds of families

- C4 • Cultural Barriers Within the Minority Population

DYNAMICS OF FAMILY RELATIONSHIPS

Fostering healthy relationships and effective communication skills

- B1 • Building Positive Relationships with Parents
- B4 • Planning as Partners, Individualizing Visits for Families Within Each Home Visiting Model

GUIDANCE AND NURTURING

Understanding the importance of positive adult-child interactions and knowledge of strategies to guide and nurture children

- A1 • 10 Steps to Positive Discipline Overview
- C6 • Talking to Parents About Positive Discipline

HEALTH AND SAFETY

Understanding the essential components of safe and healthy choices, practices and environments

- A3 • Domestic Violence: Through the Eyes of a Child
- A5 • Healthy Sleep Habits and Common Sleep Problems in Children
- B2 • Helping Your Clients with Breastfeeding in a Home Setting
- B5 • Safe by Design: Prevention is the Key
- C3 • What Every Home Visitor Should Know about Car Seats

PARENTAL WELL BEING AND STABILITY

Understanding personal strategies to improve or maintain physical and mental health

- A6 • Is it More Than a Bad Day?
- B6 • Supporting Depressed Caregivers: Recognizing the Signs and Knowing What To Do Next

CONTINUING EDUCATION/ PROFESSIONAL DEVELOPMENT

1. All registered participants will receive a certificate of attendance.
2. Conference materials will also include a form for participants to track their personal attendance or apply for additional credit.
3. The conference has been registered with the Traveling Arkansas Professional Pathways Registry (TAPP) for the convenience of Registry members.
4. For participants who require a personalized Certificate of Completion for professional licensure or credentialing, Harding University College of Lifelong Learning can issue a certificate suitable for many professions:
 - Social Work
 - Counseling
 - CFCS/CFLE

Please Note: A prepaid fee of \$10 is required to process request from Harding University.

Checks (only) should be made out to Harding University.

Cash and credit cards are not accepted as payment.

Requests made AFTER the conference must be received on or before September 29, 2015.

PARENTING ED: PRINCIPLES, METHODS AND APPROACHES

Understanding effective tools/approaches for teaching and motivating parents and operating programs

- A2 • Beating Parent Meeting Blues
- C2 • Caring Conversations Parent Café
- C5 • Getting Creative with Group Meetings

Speaker Index

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2015

Arkansas Home Visiting Network Conference

August 27-28, 2015
Little Rock



Stronger Families.
Brighter Futures.

ARKANSAS HOME VISITING NETWORK



Arkansas Department of Health
Keeping Your Hometown Healthy

Funding for this conference was made possible by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number D89MC23141 of the Affordable Care Act - Maternal, Infant, and Early Childhood Home Visiting Program awarded to the Arkansas Department of Health. The information or content and conclusions expressed in conference materials or by speakers and moderators are those of the author(s) and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS, or the U.S. Government.