



14TH ANNUAL
**Arkansas Conference
for Parent Education
& Home Visitation**

HOW DOES YOUR
GARDEN GROW?

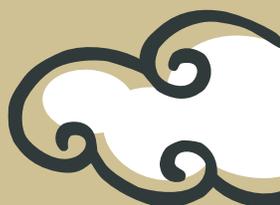


SEPTEMBER 24-26, 2012
Hot Springs Convention Center



presented by APEN:
Arkansas Parenting
Education Network

Conference at a Glance



PRE-CONFERENCE SEMINAR

Monday, September 24, 2012

- 8:30 Pre-Conference Seminar Check-In Open (pre-registration required)
- 9:30-11:30 Pre-Conference Seminar
Keynote Speaker: Joshua Sparrow

CONFERENCE

Monday, September 24, 2012

- 10:00-12:00 Conference Check-in Open
- 12:00-1:30 General Session / Luncheon
Keynote Speaker: Julie Ribaud
- 1:45-3:00 Workshop Session A
- 3:15-4:30 Workshop Session B

Tuesday, September 25, 2012

- 8:00 Conference Check-in Open (new arrivals)
Continental Breakfast
- 9:00-10:15 Workshop Session C
- 10:30-11:45 Workshop Session D
- 12:00-1:30 General Session / Luncheon
Keynote Speaker: Darrell Armstrong
- 1:45-3:00 Workshop Session E
- 3:15-4:30 Workshop Session F
- 3:15 Arkansas Parent Coordinators/
Facilitators Association Meeting

HOME VISITATION INSTITUTE*

Wednesday, September 26, 2012

- 8:00 Check-in Open / Continental Breakfast
- 8:30-9:30 General Session / Welcome
Guest Speaker: David Willis
- 9:45-11:45 Extended Breakout Workshops
- 12:00-1:15 General Session / Luncheon
Keynote Speaker: Vicki Clark
- 1:30-2:30 Evaluation Forum
- 2:45-3:45 Community Forum

* The Home Visitation Institute is restricted to the staff of home visitation programs that serve families with young children (prenatal through age five) using home visiting as their primary mode of service delivery. For more information about the Institute, see page 10.

FEATURED SPEAKERS

Rev. Darrell L. Armstrong

Tuesday,
September 25
General Session
12:00–1:30

The Rev. Darrell L. Armstrong is committed to making all families stronger by addressing issues which impact their physical, mental, and spiritual health and well-being. His policy training at Stanford University, theological training at Princeton Theological Seminary, and therapeutic/clinical training at The College of New Jersey have uniquely prepared the Rev. Armstrong to be a respected voice in the child welfare community. He is considered a national leader on issues pertaining to child welfare and family strengthening, particularly in foster and kinship care.



He is currently in his 12th year of service as the pastor of the historic Shiloh Baptist Church in Trenton, New Jersey. He also founded the Institute for Clergy Training, which is dedicated to helping clergy of all faiths better understand and implement family engagement programs that strengthen overall family functioning and well-being.

He is the author of *The Scent of Water: Reflections of Resilience, Hope and Inspiration* and *Snapshots of a Foster Child*.

Julie M. Ribaldo, MSW

Monday,
September 24
General Session
12:00–1:30

Julie Ribaldo is a Clinical Assistant Professor at the University Of Michigan School of Social Work. Prior to joining the School of Social Work in 2006, she practiced for over 20 years with a focus on prevention and intervention with parents and their infants and young children. She practiced in a wide range of community-based programs, including community mental health, child welfare, public health, Head Start and Early Head Start, education, and the juvenile court system.

As an early interventionist, she also provided support to teachers and caregivers of challenging infants, toddlers and children; and assessment and treatment of abused and/or neglected infants, toddlers and young children in foster care or adoption. Ms. Ribaldo's clinical work also included psychotherapy with adults to resolve issues of depression, anxiety and childhood trauma.

She has authored and co-authored several publications, including a chapter in *Case Studies in Infant Mental Health*, published by Zero to Three.



Amy Dickson, Psy.D.

Monday,
September 24
Sessions A & B
1:45–4:30

Dr. Amy Dickson is a Clinical Psychologist and Assistant Professor at Louisiana State University's Medical School in New Orleans, where she has been on faculty for over a decade. At LSU Health Sciences Center Dr. Dickson is the Director of the Orleans Parish Infant Team which treats children under the age of six years in the foster care system; she is the Director of the Victims Assistance Program, which educates the police on how to respond to families affected by trauma and treats children and adult victims of trauma.



Dr. Dickson is also the Child Coordinator of LSUHSC's APPIC-approved internship program; she teaches medical students, social work trainees, psychology trainees, and child psychiatry residents; and she is the Deputy Director of the Psychology Section at the medical school. Dr. Dickson also coordinates the Harris Infant Mental Health training run by Dr. Joy Osofsky, which is an intensive year-long intensive program that teaches clinicians to become infant mental health practitioners.

Joshua D. Sparrow, M.D.

Monday,
September 24
Pre-Conference
Seminar
9:30–11:30

Dr. Joshua Sparrow is Associate Clinical Professor, Harvard Medical School. His interest in community-based prevention and health promotion was prompted by his work in the 1990s with children hospitalized for severe psychiatric disturbances, often associated with physical and sexual abuse, and for developmental delays aggravated by social and economic deprivation. At the Brazelton Touchpoints Center, his work focuses on cultural adaptations of family support programs, organizational professional development, and aligning systems of care with community strengths and priorities. His work has included collaborative consultation with the Harlem Children's Zone and American Indian Early Head Start Programs, among many others. He has lectured extensively on related topics and has consulted to media programming for children and parents, including PBS Frontlines and Discovery Kids.

Co-author with Dr. T. Berry Brazelton of eight books and a weekly New York Times Syndicate column, "Families Today," Dr. Sparrow is also a contributing editor to Scholastic Services' Parent and Child magazine.



PRE- CONFERENCE SEMINAR

Monday, September 24
9:30 – 11:30

Touchpoints of Emotional Development in the Early Years

Joshua D. Sparrow, M.D.

Recent attention to the brain research of the past 30 years has called attention to the unique opportunities and critical responsibilities for the care and education of young children. However, over-emphasis on “brain stimulation” per se has led to misguided interventions that fail to take into account the central importance of human interaction in the developing brain. Research on emotional development (Brazelton, Emde, Linnert, Stern, Tronick, Weinberg, and others) demonstrates the early opportunities for learning in human interaction, as well as the emotional basis for learning from the beginning of life. State regulation, sensory threshold, face-to-face interactions and the model of mutual regulation, social referencing, symbolic thinking, and theory of mind are among the concepts that organize our current understanding of the role of human interaction in early emotional development, and, in turn, of early emotional development as the underpinning for social and cognitive development. These basic processes evolve and continue to be central to the process of engaging in relationships throughout life.

From the beginning of life, parents and professional caregivers can support the efforts of infants and young children to master the challenges of self-regulation, sensory processing, and social interaction – understanding themselves and others. These most basic building blocks for successful learning can only be constructed in the context of children’s relationships, not only in early childhood but through adulthood as well. As a result, our most important gift to them is our humanity, but the emotional availability we need to convey this comes at a personal cost – a contribution that too often goes unrecognized by the rest of the adult world even though a thriving child is the reward.

The Pre-Conference Seminar with Dr. Joshua Sparrow is supported in part by the Arkansas Association for Infant Mental Health.

CONFERENCE TRACKS & CORE COMPETENCIES

APEN has developed a set of core competencies representing the skills, knowledge and attitudes needed for those who provide parent education and family support services to be successful. Each workshop in the conference program has been selected because it addresses one or more of the competency area(s) below:

Core Competencies:

LIFESPAN DEVELOPMENT

Understanding and encouraging healthy development across the lifespan

DYNAMICS OF FAMILY RELATIONSHIPS

Fostering healthy relationships and effective communication skills

DIVERSITY IN FAMILY SYSTEMS

Understanding and working effectively with many kinds of families

GUIDANCE AND NURTURING

Understanding the importance of positive adult-child interaction and knowledge of strategies to guide and nurture children

HEALTH AND SAFETY

Understanding the essential components of safe and healthy choices, practices and environments

PARENTAL WELL-BEING AND STABILITY

Understanding personal strategies to maintain or improve physical and mental health

RELATIONSHIPS AMONG FAMILY, SCHOOL AND COMMUNITY

Understanding the importance of parents being actively involved in their children’s learning, their school and the community

PARENTING ED: PRINCIPLES, METHODS AND APPROACHES

Understanding effective tools/approaches for teaching and motivating parents

GENERAL PROGRAM

Resources, tools and strategies to support organizations and personnel across disciplines



Workshops with this icon may be of particular interest to those interested in infant mental health



Workshops with this icon may be of particular interest to home visitation program staff

CONCURRENT WORKSHOPS

Session A

Monday, September 24, 2012
1:45–3:00

A-1 Identifying and Working with Children 0-5 through Infant Mental Health, Part 1

This workshop will address how to accurately identify the often missed needs of children ages 0-5 years. Video clips will illustrate what these children look like and how infant mental health techniques such as Child-Parent Psychotherapy can improve these children's functioning and that of their parents to change the trajectory of the entire family. This presentation will continue during Session B.

Presented by: Amy Dickson, Psy.D., LSU Health Sciences Center



COMPETENCY AREA: MULTIPLE

A-2 Promoting High Quality and Stable Child Care for Children in Foster Care

Young children in foster care have experienced serious life events that put them at risk of problems related to development and mental health. Science tells us at-risk children have better outcomes when they attend high quality child care and they have continued relationships with stable, caring adults (including teachers). This workshop provides information indicating the need for increased effort in ensuring young children in foster care have both quality and stability in child care placement and the need for stronger partnerships between child care providers and child welfare. A toolkit designed to improve communication for those working with foster children will be shared.

Presented by: Teri Patrick, UAMS - Project PLAY and Nikki Burrow, UAMS - Family & Preventive Medicine



COMPETENCY AREA: FAMILY, SCHOOL & COMMUNITY

A-3 "iBelieve" – Changing a Community through Partnerships

Coalition building...sounds simple enough. But is it really? How easy is it when potential partners see one another as competitors for increasingly limited funds? How easy is it when racial, cultural, and socio-economic prejudices rear their ugly heads in attempts to bring your community together? This workshop will provide you with tools to break through such barriers. Three learning objectives will be accomplished: 1) Participants will learn foundational group dynamic principles that can make or break facilitators within the context of a diverse coalition; 2) Participants will learn strategic communication skills to overcome competitive forces that limit our abilities to collaborate and build a sustainable foundation; 3) Participants will gain creative insight and knowledge to overcome biases and prejudices that hinder healthy coalitions and relationships in general.

Presented by: Robert H. Holt, LOVE - Let Our Violence End, Inc.

COMPETENCY AREA: GENERAL PROGRAM

A-4 The M & M of Entitlement

This workshop will give a brief overview of how a sense of entitlement affects children's behavior and attitude. Practical suggestions for dealing with these attitudes and behaviors will be provided. This workshop is meant for anyone who sees the need to rescue parents and children from the "mental madness" of an unrealistic sense of entitlement. Presented by: Emma Lee, Fort Smith School District

COMPETENCY AREA: GUIDANCE & NURTURING

A-5 Plant Seeds of Success at a Kinder "Garden" Fun Fair

Learn how several schools in Arkansas are transitioning preschoolers into Kindergarten in a fun, productive way. The "Going To Kinder 'Garden' Fun Fair" features activities based on the Arkansas Department of Education's Kindergarten Readiness Indicator Checklist (KRIC). The fair is an annual Kindergarten registration kick-off event which effectively breaks down intimidation barriers for children and their parents. Discover how hosting this inexpensive fair will draw awareness and interest in your parental involvement program from parents, staff, and community members. Participants in this session will receive planning, implementation, evaluation, and event follow-up tips and handouts. The presentation will conclude with an opportunity to share other successful preschool to Kindergarten transition ideas.

Presented by: Jeannie Grissom, Vilonia School District

COMPETENCY AREA: FAMILY, SCHOOL & COMMUNITY

A-6 Free Family Resources from Arkansas Extension

Join us for a sharing session! Receive an overview of Family Life resources available through your local county Cooperative Extension Service. An example of each of our programs will be given to participants. You don't want to miss out on this excellent opportunity to see all Arkansas Extension has to offer you and the families you serve.

Presented by: Lindsey Sexton, CFCS and Rebecca Simon, MS, University of Arkansas Cooperative Extension Service



COMPETENCY AREA: GENERAL PROGRAM

A-7 Building Skills for Bilingual Meetings

Do some of your meetings with parents and families require the assistance of a bilingual interpreter? Have you wondered how to be sure your points are clearly interpreted? Perhaps, how to make the meeting move along in a timely manner? This session will provide you with steps to follow for an effective meeting when two languages and two cultures meet across the table from each other with an interpreter at your side.

Presented by: Darlene J. Kurtz, Welcome the Children Project



COMPETENCY AREA: PARENTING ED: PRINCIPLES & METHODS

A-8 Child Abuse: How to Recognize and When to Report

This is an interactive presentation on recognizing physical and behavioral indicators of child maltreatment, including real life examples. Participants will also learn about the roles and responsibilities of mandated reporters and what happens when a call is made to the child abuse hotline. All participants who work with children or have children of their own will benefit from this session.

Presented by: Sherry Williamson, MPA, Arkansas Commission on Child Abuse, Rape & Domestic Violence



COMPETENCY AREA: HEALTH & SAFETY

A-9 Cheer for Your Child

(This workshop will be repeated during Session F)

This session will focus on the importance of being proactive in parenting. Parenting is full of frustrations and often times parents do not know how to react positively. Having a plan to head off any potential problems can help parents spend more time cheering and less time correcting misbehavior. Those with a stake in child/parent relationships and an interest in promoting positive parenting would benefit from this session. Upon completion of this session, participants should be able to identify positive parenting practices, understand proactive versus reactive parenting, and generate possible solutions to common parenting problems.

Presented by: Pam Bennett, Ph.D., CFLE, CPFFE, UCA Department of Family & Consumer Sciences



COMPETENCY AREA: GUIDANCE & NURTURING

A-10 Home Visiting with High-Risk Families: Best Practices

This session will focus on the importance of building relationships with families based on respect to most effectively reach program goals. This session will also explore best practices for working with high-risk families. As an applied example, empirical data evaluating a home visiting early intervention program, the Parent-Child Home Program, will be used. The Parent-Child Home Program (PCHP) serves low-income high-risk families with toddlers through two years of twice-weekly home visits. PCHP home visitors model interaction with children, provide learning materials, and support family functioning.

Presented by: Jennifer K. Henk, Ph.D., University of Arkansas



COMPETENCY AREA: PARENTING ED: PRINCIPLES & METHODS

Session B

Monday, September 24, 2012
3:15-4:30

B-1 Identifying and Working with Children 0-5 through Infant Mental Health, Part 2

In a continuation of session A – 1, this workshop addresses how to accurately identify the often missed needs of children ages 0-5 years. Video clips will illustrate what these children look like and how infant mental health techniques such as Child-Parent Psychotherapy can improve these children's functioning and that of their parents to change the trajectory of the entire family.

Presented by: Amy Dickson, Psy.D., LSU Health Sciences Center



COMPETENCY AREA: MULTIPLE

B-2 Strengthening Families: A Protective Factors Approach

(This workshop will be repeated during Session F)

Have you ever wished you could do more to prevent child abuse? Participants in this workshop will learn how to help children by supporting families to build specific strengths that prevent child abuse and neglect and promote optimal child development. During this interactive workshop, participants will be given opportunities to exchange ideas and broaden their own social networks.

Presented by: Linda Patterson, University of Arkansas for Medical Sciences



COMPETENCY AREA: PARENTAL WELL-BEING AND STABILITY

B-3 Addressing the Needs of Traumatized Children

This session will focus on the identification of traumatic stress symptoms in children and provide an overview of ways to help parents reduce the effects of trauma in their children. Components of interventions that address behavioral, cognitive, and affective symptoms of trauma will be discussed. Participants will leave with an understanding of trauma symptoms and the basic concepts of interventions that address trauma symptoms, and be able to identify additional local opportunities for more in-depth training and consultation as well as find local therapists trained in effective interventions for trauma.

Presented by: Benjamin A. Sigel, Ph.D., UAMS Child Study Center



COMPETENCY AREA: HEALTH & SAFETY

B-4 Financial Education for Young People

Parent educators can use this new video-based program to guide parents in teaching their children to manage money. Young adults cite parents as their main source of personal finance education and information. Parents can seize the opportunity to provide their children with the knowledge and skills necessary for future success. Individuals and families gain financial security and build wealth by learning to use recommended financial management techniques. Participants will receive copies of the Kids and Money video series. They will gain knowledge and skills in using the series to teach parents about: Using Allowance Effectively, Setting Financial Goals, Wise Consumer Spending, and Saving for the Future.

Presented by: Laura Connerly, University of Arkansas Cooperative Extension Service

COMPETENCY AREA: GUIDANCE & NURTURING

B-5 Cha-Ching: Emotional Deposits Earn Interest

In the world of finance, ROI stands for Return on Investment. Investors consider ROI when determining whether or not a business proposition will “pay off” sufficiently to justify the investment. This inspirational workshop will provide you with tips on how to improve yourself and your relationships with others. By following some simple guidelines, you will learn to make “emotional deposits” that will reap benefits for your relationships as well as improve communication. When you make an investment (deposit) in another person’s emotional bank – Cha-ching – you might be surprised at the ROI!

Presented by: Kathryn O’Brien and Jeanne Carroll, Fort Smith School District

COMPETENCY AREA: GUIDANCE & NURTURING

BOOKSTORE

The conference bookstore will be open during conference hours. Books and educational materials will be available for purchase. The bookstore accepts cash, checks and credit cards.

B-6 Saving a Young Life

We say we want to reach out to troubled youth. But troubled youth can be difficult, offensive, rebellious, and potentially dangerous. How does one actually reach and engage in meaningful relationship with such a youth? One person CAN completely change the course of a wayward youth bent on destruction. We can help equip you to be that person. Participants in this session will 1) Learn to identify five specific triggers that are common to setting off rebellious youth and how to defuse those triggers; 2) Learn to identify five new street drugs and their effects, as well as two of the most organized gangs in our country, and how to identify and reach involved youth; 3) Have an opportunity to map a course to reach young people in their community, and learn how to build and sustain life-changing relationships.

Presented by: Robert H. Holt, LOVE - Let Our Violence End, Inc.

COMPETENCY AREA: GUIDANCE & NURTURING

B-7 Making Connections

In this workshop, participants will learn some practical and creative ways to help the families of their ESL students develop essential connections and become aware of the resources available in their school and community. The presenters will share what the Gravette Public School's ESL Program has done to facilitate these connections and share information and resources among the parents of our ESL students, the teachers, and the community. They will provide participants with a thorough description of the events, examples of parent letters, useful forms, informative resources, and a step by step process for putting a similar event into action in their own school district or community. Participants will also have time to ask questions, brainstorm ideas, share resources, and connect with other participants.

Presented by: Meghan Walker and Mike Walker, Gravette School District

COMPETENCY AREA: FAMILY, SCHOOL & COMMUNITY

B-8 Sound Ideas for Young Ears

With the frequent and continuous exposure to loud noise - iPods, music concerts, ball games, demolition derby, etc. - youth are at risk for developing Noise-Induced Hearing Loss (NIHL). NIHL is preventable, but once acquired it is irreversible and permanent. The first step in prevention is knowing when to use hearing protection. This workshop covers the Decibel ratings for noises our youth are commonly exposed to, how loud is too loud and how long is too long when it comes to sound exposure, the different types of hearing protection available, and the proper way to use and insert hearing protection for it to be effective.

Presented by: Jessica Vincent, M.Ed. CHES, LaVona Traywick, Ph.D., CFLE, and Michael Freyaldenhoven, University of Arkansas Cooperative Extension Service

COMPETENCY AREA: HEALTH & SAFETY

B-9 Family Life and Media's Influence

This interactive session will focus on the influence and effects of various forms of media exposure and its impact on families. Current research that covers media targeted

towards individuals across the lifespan and the family as a whole will be presented. Resources will be provided to assist professionals in both utilizing media as a tool and educating families about media risks and safety.

Presented by: Beth Wilson, Ed.D., CFCS, CFLE and Crystal Whittington, MSE, CFCS, CCLS, CFLE, Harding University

COMPETENCY AREA: GUIDANCE & NURTURING/HEALTHY & SAFETY

B-10 Helping Parents Teach Their Preschool-aged Children to Mind

Several surveys of parents of young children have indicated that "How can I get my child to mind better?" is one of the most common parenting questions. This workshop will focus on evidence-based strategies parents can use to teach their preschool-aged children how to follow instructions. The ability to follow instructions is critical to preventing problem behavior, increasing school readiness, and injury prevention. The primary focus will be on techniques parents can use to increase how well their 2-5 year-old children follow instructions.

Presented by: Nicholas Long, Ph.D., UAMS/Arkansas Home Visiting Network Training Institute

COMPETENCY AREA: GUIDANCE & NURTURING

Session C

Tuesday, September 25, 2012
9:00-10:15

C-1 Maternal Mental Illness: The First Adverse Life Event, Part 1

Maternal mental health can have serious effects on children. This session will discuss the effects of depression and other mental health issues on infant attachment, infant development, and parenting styles. This presentation will continue during Session D.

Presented by: Zachary N. Stowe, M.D., University of Arkansas for Medical Sciences

COMPETENCY AREA: LIFESPAN DEVELOPMENT

C-2 What's the Big Deal About Bullying?

This presentation will clearly define the different types of bullying, what parents need to know about bullying, why bullies bully, if their child is a bully, and how they should approach or respond to bullying as a parent. Participants will develop a deeper understanding of the principles of bullying and learn methods and approaches for dealing with bullying. Presented by: June D. Joseph and Phillip D. Carlock, Little Rock School District

COMPETENCY AREA: GUIDANCE & NURTURING

C-3 From Skill to Will: Getting Our Hearts Right

We all hope to have good relationships in our lives—thriving marriages and families, close friendships, and well functioning teams at work. And yet, along the way we all encounter conflict and disagreements. Even with our best efforts and intentions, we bump into conflict regularly. This

Exhibit Booths

For more information about exhibiting at the conference, contact Sue Porbeck at 501-364-7580 or smporbeck@uams.edu

workshop focuses on how individuals and family members too often become “stuck” in negative perceptions. Getting Our Hearts Right reviews several forms of human bias and provides steps to overcome these so that all relationships—especially family ones—can be healthier.

Presented by: H. Wallace Goddard, Ph.D., CFLE and James P. Marshall, Ph.D., LMFT, U of A Cooperative Extension Service

 **COMPETENCY AREA: DYNAMICS OF FAMILY RELATIONSHIPS**

C-4 Bridging the PI Gap with Blogs

Teachers are striving to improve parental involvement – the classroom blog is the answer. This workshop will inspire participants to go beyond basic methods of communication and involvement, using 21st century tools to better involve families in their children’s education. Participants will learn how to effectively implement a classroom blog to give parents an interactive, up-close look into their child’s classroom. Participants will also learn to use Twitter, Fun Friday, Relative Readers, and Mystery Readers to increase parental involvement. Leaving the workshop with a packet of tips and resources, participants will be ready to bridge the gap between home and school.

Presented by: Lynzie Brewer, Ashley Hammett, and Megan Girdler, Greenbrier School District

COMPETENCY AREA: FAMILY, SCHOOL & COMMUNITY

C-5 Understanding a Child’s Temperament

Understanding temperament helps people understand the “how” of children’s behavior and the best way to respond. Using a variety of methods, the presenter will focus on the nine different temperament traits, the effects of common temperament traits on learning, and temperament triggers for tantrums and ways to minimize these triggers. Participants will leave with an increased knowledge of how temperament affects various aspects of a child’s behavior and a list of resources on temperament.

Presented by: Jessica L. Martin, M.Ed., University of Arkansas for Medical Sciences

 **COMPETENCY AREA: GUIDANCE & NURTURING**

C-6 Prenatal Alcohol Use: Fetal Alcohol Spectrum Disorder and Treatment in Arkansas

Maternal substance use impacts both the family and child, and diagnosis and treatment are critical to healthy child development. This workshop will increase participant knowledge of Fetal Alcohol Spectrum Disorders, including screening, diagnosis and interventions. Those in attendance will also learn about the Arkansas Access to Recovery initiative, which provides vouchers to targeted populations in 13 counties within the state in order to receive substance abuse treatment and support services. Audiences of all types are encouraged to attend this session.

Presented by: Angela Kyzer and LaTunja Sockwell, University of Arkansas for Medical Sciences

 **COMPETENCY AREA: HEALTH & SAFETY**

C-7 Inside the Teenage Brain: Implications for Adults Who Work with Teens

This workshop will review some of the current research on adolescent brain development, including topics such as why teens are so impulsive and emotional, plus why they like to take risks and sleep in late. Participants will learn 2-3 strategies for effectively dealing with some of these challenging teenage behaviors.

Presented by: Cathy Hagemeyer, M.Ed., UALR - MidSOUTH Training Academy

 **COMPETENCY AREA: LIFESPAN DEVELOPMENT**

C-8 Family HOPE: Grandparents Raising Grandchildren

This presentation is suitable for all who are interested in intergenerational family care giving. Content will include 1) Population profile of Arkansas adults and children; 2) Service needs and how to meet them effectively; 3) Reform movement and key elements; 4) Cost/Benefit analyses with thoughtful idea-making about new ways to support these families without stigmatizing them further.

Presented by: DeeAnn Newell, Arkansas Voices for the Children Left Behind, Inc.

 **COMPETENCY AREA: DIVERSITY IN FAMILY SYSTEMS**

C-9 Just Relax! Life Skills for Children

The ability to relax and calm oneself is essential to maintaining health—physical, mental, and spiritual—throughout life. This session will teach the importance of relaxation for kids and describe the role of yoga in helping children to concentrate, de-stress, and calm down. The calming effect of yoga has been shown to increase emotional balance, enhance attention and concentration, and improve classroom performance and behavior. This interactive session will demonstrate how to use yoga to achieve these outcomes. You’ll learn yoga basics and have the opportunity to participate in hands-on yoga practice suitable for all flexibility levels.

Presented by: Lisa Washburn, DrPH, University of Arkansas Cooperative Extension Service

COMPETENCY AREA: GUIDANCE & NURTURING/HEALTH & SAFETY

Session D

Tuesday, September 25, 2012
10:30–11:45

D-1 Maternal Mental Illness: The First Adverse Life Event, Part 2

Maternal mental health can have serious effects on children. This session will discuss the effects of depression and other mental health issues on infant attachment, infant development, and parenting styles.

Presented by: Zachary N. Stowe, M.D., University of Arkansas for Medical Sciences

 **COMPETENCY AREA: LIFESPAN DEVELOPMENT**

D-2 Developmental Outcomes of Maltreated Infants

Infants who experience neglect or abuse often have additional developmental risk factors as well. As a result of maltreatment and other, co-occurring risk factors, these infants have developmental delays and do not enter kindergarten or first grade ‘school-ready’. This presentation will focus on what risk factors often co-occur with maltreatment and what interventions infant mental health practitioners should consider, with an emphasis on practical interven-

tions in rural or underserved areas. Learning objectives include 1) what risk factors research evidence indicates co-occur with maltreatment among infants; 2) what interventions should be considered; 3) “thinking ‘outside the box’” when working in rural or underserved areas.

Presented by: E. Christopher Lloyd, Ph.D., LCSW, University of Arkansas at Little Rock



COMPETENCY AREA: LIFESPAN DEVELOPMENT/GUIDANCE & NURTURING

D-3 Encouraging Sleep Habits

Getting quality sleep (and enough of it) is strongly linked to improved physical health, emotional health, and academic performance, but parents and educators can struggle with how to encourage good sleep habits in children/teens. This presentation will discuss ways to assist children in moving toward healthier sleep habits. Age-appropriate sleep needs are reviewed with attendees. Recommendations for how to encourage appropriate sleep habits are included. Common barriers to change are discussed and possible solutions offered. The workshop will include lecture and Q/A formats. Free handouts will be provided.

Presented by: Wendy L. Ward, Ph.D., UAMS/AR Children’s Hospital



COMPETENCY AREA: HEALTH & SAFETY

D-4 Kidz Manners

Kidz Manners is a hands-on approach for teaching good manners to children from preschool up to age 11. This session will present simple activities that are so much fun, kids won’t even realize they are learning about manners.

Participants will learn more about how to incorporate the use of good manners into their facilities and programs.

Presented by: Marti Genge, Pages of Parenting

COMPETENCY AREA: GUIDANCE & NURTURING

D-5 Fruits and Veggies the Fun Way

Eating more fruits and vegetables is a great way to eat healthy. Adults can use a variety of different resources to help children eat more fruits and veggies every day.

Participants in this session will 1) Learn why fruits and vegetables are beneficial to the health of children; 2) Be able to use MyPlate for kids as a food guide; 3) Learn ways to encourage children to eat a variety of fruits and vegetables.

Presented by: Teresa Henson, University of Arkansas Cooperative Extension Service



COMPETENCY AREA: HEALTH & SAFETY

D-6 Strengthening the Partnership Between Home, Secondary Schools and the Community

Parents don’t just stop coming to our schools after elementary school – they are eager to stay involved. The purpose of this workshop is to share parental involvement ideas and activities that have occurred on a middle school and a high school campus. This session will focus on effective parental involvement for middle school and beyond. It will be interactive and it will link the home, secondary education, and the community.

Presented by: Vivian Harris, Little Rock School District

COMPETENCY AREA: FAMILY, SCHOOL & COMMUNITY

D-7 Using Family Theory to Interpret Clues to Family Dynamics

The Circumplex Model of Family Functioning is a clinical tool. However, it can provide those who work directly with families some insight into family dynamics and family functioning without focusing on the clinical applications. This session will introduce participants to flexibility and cohesion with an emphasis on understanding why these dimensions are meaningful to those working directly with families.

Clues for what to ask and look for when assessing families along these dimensions will be shared. Delivery methods will include mini-lectures, whole group discussion, and vignettes to be used for small and large group discussion.

Presented by: Joanna M. Grymes, Ph.D., Arkansas State University



COMPETENCY AREA: DYNAMICS OF FAMILY RELATIONSHIPS/PARENTAL WELL-BEING AND STABILITY

D-9 Getting Your Community Involved

This workshop will increase participants’ knowledge of community mobilization and relationship-building, the key components of getting a community involved with a program.

Participants will learn how to communicate their program needs and educate the community on the specifics of their program using success stories, statistics, and proper communication skills. Using a variety of delivery methods, the presenters will focus on the aspects of a meeting with a community organization and receiving specific support from each organization on a consistent basis. This will be a fun workshop with a great opportunity to learn how to increase the longevity of a program through community interaction and awareness.

Presented by: Deena Tougaw, THRIVE: Circle of Life

COMPETENCY AREA: GENERAL PROGRAM

Session E

Tuesday, September 25, 2012
1:45–3:00

E-1 Managing Stress: Turning Challenges Into Blessings

Stress comes in many forms. It can overwhelm us—or bless us. There are two tools that can help us turn challenges into blessings. Come and learn to use the two tools and receive a free copy of the Managing Stress: Turning Challenges into Blessings workbook developed by the University of Arkansas Cooperative Extension Service.

Presented by: James P. Marshall, Ph.D., LMFT and H. Wallace Goddard, Ph.D., CFLE, U of A Cooperative Extension Service



COMPETENCY AREA: DYNAMICS OF FAMILY RELATIONSHIPS/PARENTAL WELL-BEING AND STABILITY

E-2 Healthy Eating and Physical Activity

Parents and educators can struggle with how to encourage children/teens to eat healthy and be physically active. Yet a healthy lifestyle is linked to lower illness rates, greater academic performance, and improved emotional well being.

This presentation will discuss ways to assist your child in moving toward a healthier lifestyle. Recommendations for youth, parents, and educators are included, and common barriers to change are discussed and possible solutions

offered. The workshop will include lecture and Q/A formats. Free handouts will be provided.

Presented by: Wendy L. Ward, Ph.D., UAMS/AR Children's Hospital

 **COMPETENCY AREA: HEALTH & SAFETY**

E-3 Temperament and Parenting Styles

Infants and young children may have a temperament that does not 'fit' with their parents' style of parenting or for which the parents are not prepared. This mismatch may lead to parental anxiety and depression, developmental shortcomings, attachment disruptions, maltreatment, and other problems. Practitioners should be familiar with the latest evidence on children's temperament, and strategies for assisting parents in adapting to their child's unique temperament and building a nurturing relationship with their child. Common temperaments will be reviewed, signs of parenting style-temperament clashes will be identified, and specific strategies for helping parents successfully adapt to their child's temperament will be discussed.

Presented by: E. Christopher Lloyd, Ph.D., LCSW, University of Arkansas at Little Rock

 **COMPETENCY AREA: GUIDANCE & NURTURING**

E-4 Community Demographics and Program Planning

This session will explore the use of data sets such as the Census American Fact Finder, the Measure of America, and the School District Demographics System to better understand the demographics of your community. Such knowledge is valuable in planning effective programs that address the characteristics of your community.

Presented by: Joanna M. Grymes, Ph.D., Arkansas State University

COMPETENCY AREA: GENERAL PROGRAM

E-5 Improving Outcomes for Infants and Toddlers in Foster Care: The Court Team for Safe Babies Project

The Court Team for Safe Babies project is a community-based initiative that targets infants and toddlers less than three years old entering the child welfare system. The project has three main goals: 1) Reduce the time until children are in a permanent home - decreasing the time to permanency; 2) Improve the well-being of young children in foster care, including meeting the developmental needs, fostering a secure caregiver relationship, and encouraging family involvement with the child; 3) Reduce the recurrence of substantiated reports of abuse and neglect.

Presented by: Darneshia Bell and Kristi McGibbony, Zero to Three Safe Babies Court Team Project

 **COMPETENCY AREA: DYNAMICS OF FAMILY RELATIONSHIPS**

E-6 Reflective Supervision

Individuals working in early childhood settings, whether in the home, office, or classroom, may find that they experience strong emotions when working with children and families. Sometimes it is difficult and stressful to listen to stories of childhood abuse from a parent, or to witness behavior that is distressing. Reflective supervision helps practitioners sort out their own feelings in the midst of this challenging and rewarding work. Participants will learn what reflective supervision is and how it is used in early childhood settings, including home visiting programs and early childhood mental health consultation. The concept of parallel process

will be explored, and participants will have the opportunity to observe a mock supervision session.

Presented by: Betsy Johnson, LCSW, UAMS-Project PLAY

 **COMPETENCY AREA: PARENTING ED: PRINCIPLES & METHODS**

E-7 Increasing Resiliency and Rates of Success for Elementary Age Children

Ever wonder why some children overcome hardship and adversity and grow to become, happy capable adults? Based on research by the Search Institute, the authors of What Kids Need to Succeed have outlined 40 skills labeled Developmental Assets. This interactive workshop will focus on utilizing these assets in our work to help each child reach his or her full potential. Parents, teachers, counselors and anyone who works with children will take home practical ideas and strategies that can be used right away.

Presented by: Karen Williamson, MS, NBCT and Catherine Cassingham, M.Ed., NBCC, LPC, Fort Smith School District

COMPETENCY AREA: GUIDANCE & NURTURING

E-8 Presenting Risky Behaviors to Teens

This presentation will demonstrate ways the parent/caregiver/educator can teach the dangers of risky behaviors, including STD's, cyberbullying, drinking/texting and driving, sexting, and teen pregnancy awareness, to teens. Participants will learn a lively interactive way to keep the teens engaged while presenting this important information. The presentation will include video clips as well as group interaction.

Presented by: Tracy Kennedy and Antonia Pfister, Healthy Connections, Inc.

 **COMPETENCY AREA: HEALTH & SAFETY**

E-9 ABC's of Breastfeeding

This FUN and interactive session will look at the many advantages of breastfeeding to both baby and mother and explore some ways to encourage and support mothers in the decision to breastfeed. Breastfeeding can be tricky and at times, overwhelming. This workshop will offer current information, videos, and lots of opportunity for questions & discussion. Home visitors will learn how they can encourage a breastfeeding mother and gain answers to most of the questions an expectant mother might ask.

Presented by: Kathy Pillow-Price, Ed.D., Arkansas Home Visiting Network Training Institute

 **COMPETENCY AREA: HEALTH & SAFETY**

APCA Meeting

**Tuesday
September 25, 2012
@ 3:15**



Members and prospective members of the Arkansas Parent Coordinators/Facilitators Association are welcome and encouraged to attend. For more information, contact Jeannie Grissom at 501-796-2050 or jeannie.grissom@viloniaschools.org.

Session F

Tuesday, September 25, 2012
3:15–4:30

F-1 Strengthening Families: A Protective Factors Approach (Repeat of B-2)

F-2 Internet Resources for Home Visitors

The internet provides an ever increasing number of resources for home visitors who work with families with young children. With so many websites available, it is often difficult to identify the websites that provide the most relevant and accurate information. The purpose of this workshop will be to discuss some of the better websites for home visitors. These websites will be displayed during the workshop so participants can see their content firsthand.

Presented by: Nicholas Long, Ph.D. and Felicia Robinson-Loring, MS, UAMS/Arkansas Home Visiting Network Training Institute

 **COMPETENCY AREA: PARENTING ED: PRINCIPLES & METHODS**

F-3 Utilizing Culturally Sensitive Interventions to Engage Latino Families

The purpose of this presentation is to demonstrate effective strategies for engaging Latino caregivers in a parental education process. Participants will learn new strategies to involve Latino families in services, recognize barriers that may limit their participation, and identify various methods to foster a culturally safe environment in which Latino families may complete personal and program goals. Risk and protective factors identified in the current literature on culturally sensitive treatment for Latino families will be summarized. Using various delivery methods, research-supported interventions for Latino families will be demonstrated. The target audience for this presentation is any and all helping professionals who may work with Latino children and their caregivers.

Presented by: Nick Rios, South Arkansas Regional Health Center

 **COMPETENCY AREA: DIVERSITY IN FAMILY SYSTEMS**

F-4 Hush Little Baby

This presentation will include both historical and current information on the causes and components of non-accidental head trauma (NAHT) also known as Shaken Baby Syndrome (SBS), and methods of prevention. A special emphasis will be placed on the effect of targeted crying education, health literacy, and educational resources.

Presented by: Pam Trevino, BSN, RN, Arkansas Children's Hospital

 **COMPETENCY AREA: HEALTH & SAFETY**

F-5 An Introduction to the Family Map

Participants will be introduced to the Family Map Inventories, a comprehensive assessment tool which is useful in addressing aspects of the family and home environment, identifying areas of concern, and establishing critical family goals. Participants will learn how The Family Map leads to stronger partnerships with families and how it can systematically identify areas of concern and potential protective factors in the home. The talk will include a discussion of the use of The Family Map to assess the degree of family engagement, and services linked to the program, monitoring, and collecting key data used to evaluate effectiveness of the program will be covered. The Family Map is currently being used to support intervention activities and

evaluation of the Arkansas state-wide MIECHV program. Presented by: Leanne Whiteside-Mansell, Ed.D. and Danya Johnson, University of Arkansas for Medical Sciences

 **COMPETENCY AREA: PARENTING ED: PRINCIPLES & METHODS**

F-6 Allowing Families to Tell Their Stories

This session will focus on effective communication strategies and principles that are crucial to the success of partnering with parents. As early childhood professionals, we do a great deal of talking and directing. NOW, it's time to listen and really hear what families want to share so that we can properly assist and support. A variety of communication methods and listening approaches, along with role plays and simulation activities will be shared. Participants will leave with a toolkit of ideas that will allow them to work and partner with parents more effectively.

Presented by: Jacqualine Dedman, Arkansas Head Start State Collaboration

 **COMPETENCY AREA: PARENTING ED: PRINCIPLES & METHODS**

F-7 Prescription Drugs: Impact on the Family

This workshop will present an overview of the current trends and conditions of prescription drug use and abuse within homes. It will answer questions such as "How has prescription drug use and abuse caused problems at work, home, school, and with families' relationships?" and "What are the devastating health affects for both those individuals that misuse prescriptions drugs and for members of the family?" Along with the overview, statewide facts and statistics will be presented, highlighting the need for an awareness component along with prevention and reduction interventions. The presenter will provide strategies, tools and resources to help individuals and to support and encourage their family members who are exposed to prescription drug abuse.

Presented by: Phil McGrath, WISE Coalition: Drug Free Community

 **COMPETENCY AREA: HEALTH & SAFETY**

F-8 Sibshops: Supporting Siblings of Children with Special Needs

This workshop will introduce participants to Sibshops as a means of supporting siblings of children with special needs. Participants will learn about the unique concerns of siblings, the unique opportunities they are given, and how Don Meyer's Sibshop model can offer siblings appropriate information and peer support within a recreational context. Presenters will provide details about the recently formed Arkansas Sibshop Network and report on Lonoke Exceptional Development Center's first Sibshop in the summer of 2012.

Presented by: Holly A. Tapscott, BSE, Lonoke Exceptional Development Center

COMPETENCY AREA: FAMILY, SCHOOL & COMMUNITY

F-9 Cheer for Your Child

(Repeat of A-9)

HOME VISITATION INSTITUTE

The Home Visitation Institute* on Wednesday, September 26, 2012 is **RESTRICTED** to the staff of home visitation programs that serve families with young children (prenatal through age five).

Staff of home visitation programs that are currently being expanded by a MIECHV* grant are specifically encouraged to attend. Staff from other programs, whose primary method of service delivery to families with young children is through home visiting, are also invited to attend.

HOME VISITATION INSTITUTE

Wednesday, September 26, 2012

8:00	Check-in Open / Continental Breakfast
8:30 – 9:30	General Session / Welcome Guest Speaker: David Willis
9:45 – 11:45	Extended Breakout Workshops
12:00 – 1:15	General Session / Luncheon Keynote Speaker: Vicki Clark Thank YOU for the Future!
1:30 – 2:30	Evaluation Forum Rhonda Sanders
2:45 – 3:45	The Future of Home Visiting in Arkansas: A Community Forum Scott Gordon & Rhonda Sanders



The Home Visitation Institute is supported by the Maternal Infant and Early Childhood Home Visiting Program of the Health Resources and Services Administration of the U.S. Department of Health and Human Services. Participating programs include: Healthy Families America/THRIVE, HIPPY, Following Baby Back Home, Nurse Family Partnership, and Parents as Teachers.

Breakout Sessions

Wednesday, September 26, 2012
9:45–11:45

HVI-1 Domestic Violence and Home Visitation

Home Visitors face unique challenges and risks when working with families who are experiencing domestic violence. They may see things during home visits that other service providers working with the same family are not aware of. This training will provide participants with tools and resources they can utilize when the parents they are working with may be experiencing domestic violence. This interactive training will focus on what home visitors can do to help effectively address this growing problem.

Presented by: Felicia Robinson-Loring, MS, UAMS/Arkansas Home Visiting Network Training Institute

COMPETENCY AREA: DYNAMICS OF FAMILY RELATIONSHIPS

HVI-2 Maternal Depression during the Early Childhood Years

This workshop addresses maternal depression and its impact on young children. Maternal depression, ways depression can interfere with parenting quality, and the risk of children's developing mental, behavioral and social problems will be discussed. Best practices in the identification and treatment of maternal depression, targets for parenting education and strategies to prevent negative effects for children will be reviewed. Participants will receive a copy of the Maternal Depression during the Early Years toolkit.

Presented by: Patti Bokony, Ph.D., UAMS Department of Psychiatry

COMPETENCY AREA: PARENTAL WELL-BEING & STABILITY

HVI-3 Improving Supervision in Home Visiting Programs

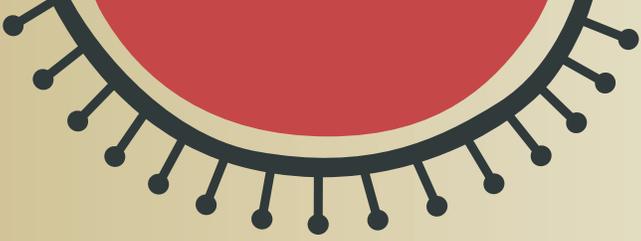
This workshop is designed for supervisors in home visitation programs. The focus will be on ways to improve the quality of supervision provided to home visitors. Although many strategies will be discussed, the primary focus will be on how to effectively utilize the practices of reflective supervision. The goals of these practices include increasing the quality of services provided to families, improving home visitor-family relationships, improving home visitor enthusiasm, and decreasing staff turnover.

Presented by: Nicholas Long, Ph.D., UAMS/Arkansas Home Visiting Network Training Institute

COMPETENCY AREA: GENERAL PROGRAM

HVI-4 What Poverty Does to the Brain

In this interactive session participants will gain a better understanding of what poverty is and examine the chal-



FEATURED SPEAKERS

lenges that economically disadvantaged children and families face every day. It will also look at brain research and the fact that the brain adapts from experience. Since the brain is capable of adapting, it can change for the better! We will look at the evidence of how poor children can and HAVE experienced success and address what practices are replicable and applicable in home visiting.

Presented by: Kathy Pillow-Price, Ed.D., Arkansas Home Visiting Network Training Institute

COMPETENCY AREA: LIFESPAN DEVELOPMENT

HVI-5 Spotting Autism in Early Childhood

Autism Spectrum Disorder (ASD) now has a prevalence rate of 1 in 88. Research also shows that early detection and intervention are keys for better prognosis for children suspected of ASD and other developmental disorders. This workshop is designed to meet three goals: 1) Increase awareness of the medical and behavioral presentation of autism; 2) Give home visitors a clear plan of action for accessing early intervention services for children with red flags for ASD or developmental delay; and 3) to educate home visitors on stimulating interactional skills, reciprocal play skills and communication in very young children.

Presented by: Maya Lopez, M.D. and Jayne Bellando, Ph.D., UAMS/Dennis Developmental Center

COMPETENCY AREA: LIFESPAN DEVELOPMENT/FAMILY, SCHOOL & COMMUNITY

HVI-6 Navigating the System of Health Care for Children and Youth with Special Health Care Needs

Parents of a child with a physical disability or special health care needs face unique challenges and stressors. The objectives of this session are to 1) recognize the challenges of raising a child with special needs, and 2) learn how to help parents successfully navigate the often confusing system of health care. Led by family leaders, the session will include case scenarios, learning exercises with active audience participation, and resources, with a special focus on culturally competent care. All who work with children with special health care needs and their families are welcome, particularly home visiting professionals.

Presented by: Dennis Z. Kuo, M.D., MHS, UAMS and Natilie Wooldridge, Arkansas Family-to-Family Health Information Center

COMPETENCY AREA: HEALTH & SAFETY/FAMILY, SCHOOL & COMMUNITY

HVI-7 Injury Prevention 101

Participants in this session will explore the leading causes of injuries to children from birth to age five. The role of the home visitor as an observer of injury risks and an educator to minimize risk will be emphasized. Resources for parent education and additional professional development will be described.

Presented by: Holly Choate, MPH, and Beverly Miller, M.Ed., Arkansas Children's Hospital Injury Prevention Center

COMPETENCY AREA: HEALTH & SAFETY

Vicki Clark

Vicki Clark has devoted the past 25 years of her life to building capacity in organizations, especially those that work with children and families.



A noted facilitator, consultant and trainer, she has extensive experience in working in the non-profit, government and private sectors. Her work includes numerous specialty areas including: board development, inclusion and diversity, leadership, strategic planning, program development, volunteer resource development, and effective communication.

She provides facilitation training and consultation to many national organizations and their local affiliates.

Clark is a member of the Peter F. Drucker Foundation's training and consultation team, a Senior Governance Consultant for BoardSource and an associate of Literacy Powerline.

Wednesday,
September 26
Home Visitation
Institute
General
Session
12:00-1:15

David W. Willis, M.D., FAAP

Dr. David W. Willis is the recently-appointed Maternal and Child Health Bureau Director of the Division of Home Visiting and Early Childhood Services (DHVECS). Dr. Willis was previously the Medical Director and co-founder of the Artz Center for Developmental Health & Audiology, a regional, multidisciplinary non-profit organization that focuses on the demonstration of a unique clinical model for children and families— the Developmental Home in Oregon.

He has served as an Adjunct Assistant Professor of Pediatrics at Oregon Health Sciences University, as Harris Mid-Career Fellow with ZERO TO THREE, and is the immediate Past President of the Oregon Pediatric Society.

His pediatric and early childhood leadership focuses on early brain and child development and building collaborations between the child health sector and the early childhood community that strengthen the developmental trajectories of the next generation of young children.

Wednesday,
September 26
Home Visitation
Institute
General
Session
8:30-9:30

CONFERENCE DETAILS: SEEDS OF SUCCESS

Registration

Pre-registration for the conference is required. You can access online registration information at www.arkansasctf.org, or mail the attached form. Registration will be confirmed prior to the conference. APEN reserves the right to turn away anyone who is not pre-registered.

Conference Fees

\$25 Pre-Conference Seminar, includes continental breakfast and Early Childhood Home Visiting grant. There is no cost to attend, but registration is restricted to the staff of home visitation programs that serve families with young children (prenatal through age five) using home visiting as their primary mode of service delivery. For more information about the Institute, see page 10 or contact Sue Porbeck at 501-364-7580.

Home Visitation Institute

The Institute is supported by the MIECHV (Maternal Infant and Early Childhood Home Visiting) grant. There is no cost to attend, but registration is restricted to the staff of home visitation programs that serve families with young children (prenatal through age five) using home visiting as their primary mode of service delivery. For more information about the Institute, see page 10 or contact Sue Porbeck at 501-364-7580.

Registration Deadline: September 5, 2012

A late registration fee of \$10.00 will be assessed for all registrations received after September 5, 2012.

Substitutions & Cancellations

If you have submitted a registration form, you will be held responsible for payment. Cancellation requests must be received in writing on or before September 14, 2012. Canceled prepaid registrations will be refunded, less a \$10 processing fee, following the conference. Canceled unpaid registrations will be waived only if requested in writing by September 14, 2012. Cancellation requests received after September 14, 2012 will be subject to all registration and processing fees, whether prepaid or outstanding. If you are unable to attend, a substitution may be made without penalty, provided APEN is notified of the substitution prior to the conference.

Continuing Education

1. Continuing Education Units (CEU) for various disciplines will be available through Harding University College of Lifelong Learning. A prepaid fee of \$10.00 is required.
2. The conference will be registered with the Traveling Arkansas Professional Pathways Registry (TAPP) for the convenience of Registry members.
3. All registered participants will receive a form to track their personal attendance.
4. All registered participants will receive a general certificate of attendance.

Bookstore

The conference bookstore will be open during conference hours on September 24-26, 2012. Books and educational materials will be available for purchase. The bookstore accepts cash, checks and credit cards.

Conference Attire

Please dress comfortably for the conference. Layered clothing, including a light jacket or sweater, is suggested.

Special Accommodations

Every effort will be made to accommodate special needs/ requests. Please contact APEN staff at 501-664-2227 if you require special accommodations that have not been addressed elsewhere.

Host Facility

All conference sessions will be held at the Hot Springs Civic and Convention Center, 134 Convention Boulevard, Hot Springs, Arkansas.

Hotel Reservations

Conference participants are responsible for their own room reservations. Be sure to reference Arkansas Parenting Education Network or Conference for Parent Educators to take advantage of group rates. Also be advised that reservations made after the deadline shown will be subject to regular rates and availability

THE AUSTIN HOTEL
305 Malvern Avenue
Hot Springs, Arkansas
877-623-6697
501-623-6600

Single \$92.00
Double \$92.00
Triple \$92.00
Quad \$92.00

Reservation Deadline: September 7, 2012

EMBASSY SUITES
400 Convention Boulevard
Hot Springs, Arkansas
800-EMBASSY
501-624-9200

Single \$144
Double \$154
Triple \$164
Quad Rate \$174

Reservation Deadline: August 24, 2012

Parking

Registered guests of The Austin Hotel may access free self-parking in the hotel parking deck or use valet parking for \$5 per day. Registered guests of Embassy Suites may use valet parking for \$10 per day or free public parking as available. All conference participants have access to public parking at no charge.



Questions?
501-664-2227
apen@arkansasctf.org
or www.arkansasctf.org

14TH ANNUAL

Arkansas Conference for Parent Education & Home Visitation

September 24-26, 2012

REGISTRATION FORM

Please submit a separate registration form for each participant. Forms may be duplicated.

Name, Title _____

Organization or Program _____

Address _____

City/State/Zip _____

Day Phone: _____ Alternate Phone: _____

Email: _____
(required for rapid registration confirmation)

Other (volunteer, suggestion, dietary need, etc.): _____

September 24, 2012 Pre-Conference Seminar @ \$25 \$ _____

September 24-25, 2012 Conference @ \$90 \$ _____

Please write the code of the individual sessions you are most interested in attending.

- Session A- _____
- Session B- _____
- Session C- _____
- Session D- _____
- Session E- _____
- Session F- _____



September 26, 2012 Home Visitation Institute @ no cost to home visitation program staff

Attendees for Home Visitation Institute please fill out additional information in red box below

Continuing Education Units Fee (optional) @ \$10..... \$ _____

Late Registration Fee @ \$10..... \$ _____
(assessed if registration is received later than September 5, 2012)

Total Registration Fees..... \$ _____

Registration Form and Check or Purchase Order should be mailed to:

Arkansas Parenting Education Network
415 North McKinley, Suite 462
Little Rock, AR 72205

Home Visitation Institute There is no cost to attend, but registration is restricted to the staff of home visitation programs that serve families with young children (prenatal through age five) using home visiting as their primary mode of service delivery.

Please choose the breakout session you will attend:

- Domestic Violence
- Maternal Depression
- Supervision
- Poverty and the Brain
- Autism
- Navigating Health Care
- Injury Prevention 101

Please indicate the program you represent:

- Following Baby Back Home
- HIPPY
- NFP
- PAT
- HFA/THRIVE
- Other _____



Arkansas Parenting Education Network
415 North McKinley, Suite 462
Little Rock, AR 72205

Nonprofit Organization
U.S. Postage
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Little Rock, AR
Permit No. 2000

Registration Deadline:
September 5, 2012

14TH ANNUAL
Arkansas Conference for
Parent Education & Home Visitation

SEPTEMBER 24-26, 2012
Hot Springs Convention Center



Arkansas Association
for Infant Mental Health

**ARKANSAS CHILDREN'S
TRUST FUND**



for the Prevention of Child Abuse and Neglect



**ARKANSAS
HOME VISITING
NETWORK
TRAINING INSTITUTE**